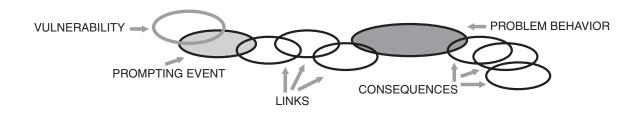
Chain Analysis

TO UNDERSTAND BEHAVIOR, DO A CHAIN ANALYSIS.



Step 1: Describe the PROBLEM BEHAVIOR.

Step 2: Describe the **PROMPTING EVENT** that started the chain of events leading to the problem behavior.

Step 3: Describe the factors happening before the event that made you **VULNERABLE** to starting down the chain of events toward the problem behavior.

Step 4: Describe in excruciating detail the CHAIN OF EVENTS that led to the problem behavior.

Step 5: Describe the CONSEQUENCES of the problem behavior.

To change behavior:

Step 6: Describe SKILLFUL behaviors to replace problem links in the chain of events.

Step 7: Develop **PREVENTION PLANS** to reduce vulnerability to stressful events.

Step 8: REPAIR important or significant consequences of the problem behavior.

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